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Physical Training: A Full Report of the Papers and Discussions of the Conference Held in Boston in November, 1899 (Classic Reprint) (Paperback)

By Isabel C Barrows

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from Physical Training: A Full Report of the Papers and Discussions of the Conference Held in Boston in November, 1899 A Conference in the Interest of Physical Training was held at Huntington Hall, Massachusetts Institute of Technology, Boston, on Friday and Saturday, Nov. 29 and 30, 1889. William T. Harris, United States Commissioner of Education, presided. In opening the Conference, Dr. Harris said: We open this morning a Conference devoted to the consideration of physical exercises for the development of the body. Physical training, I take it, is a part of the subject of hygiene in its largest compass, which includes dietary and digestive functions, and matters of rest and repose as well as matters of muscular training. We wish to discuss physical training in view of hygiene, and to avoid, if we can, all narrow interpretation of our subject. The advantage of such a Conference as this is that extremes come together; and, by comparison of views, each one learns to supplement his own deficiencies. We shall all be delighted to find new phases of...



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