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Beating Childhood Obesity Now!: A Simple Solution for Parents and Educators (Paperback)

By Rick Osbourne

Pyow Sports Marketing, United States, 2013. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****. This book is a practical, boots on the ground road map written for educators who are tired of all the talk, and who are biting at the bit to take preventative action against childhood obesity! The need is blatantly obvious to anyone who spends any time in public, the local school playground, grocery store, mall, or restaurant, etc. More specifically, one third of Americans are of normal weight, a third are overweight, and another third are obese (per the US Center for Disease Control). The demand for a practical solution is no secret to anyone. This book addresses the problem by showing action oriented educators how easy it can be to help kids arm themselves with the tools they need to fend off America's #1 health threat - obesity - for life by learning to perform one very simple task, and maintaining the ability for life.



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